

National Food Month



April is National Food Month!

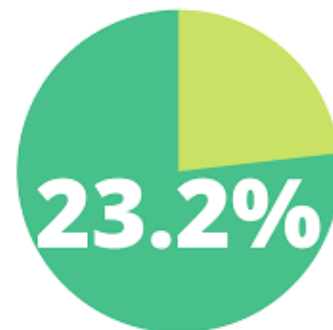
This month-long celebration started back in 1982 as a way to promote healthy eating habits and raise awareness about food-related issues.

Food Insecurity

Food insecurity is defined by the United States Department of Agriculture as the lack of access, at times, to enough food for an active, healthy life. Food insecurity is associated with numerous adverse social and health outcomes and is increasingly considered a critical public health issue. Key drivers of food insecurity include unemployment, poverty, and income shocks, which can prevent adequate access to food. Alternatively, multiple interventions have been shown to reduce food insecurity, including participation in food assistance programs like those offered at the Emergency Aid Coalition.



**of Houstonians
are food insecure**



**of children in Houston
are food insecure**

Source: Feeding America's annual "Map the Meal Gap" study
(published in 2023, census taken in 2021)

Celebrate National Food Month by donating to the EAC Food Pantry!

BLANKETS

Even though spring is here and the weather is warmer, EAC clients still need blankets! Please donate gently used bedding in person at the EAC facility, or purchase in bulk at the Amazon link below and the items will be sent directly to the Emergency Aid Coalition.



BELTS

The Clothing Center is in desperate need of men's belts of all sizes!

Amazon Wishlist



Bring the family for Bingo at Betsy's!

All bingo dollars are donated back to the Emergency Aid Coalition.
Bingo cards are only \$1 each.
Cash only please.





For his Eagle Scout Service Project, Regis built new movable benches for EAC clients and landscaped the entrance to the EAC building. Regis, with the support of his parents, planned, developed and led his troop in the completion of this project. The Emergency Aid Coalition is grateful to be the beneficiary of this amazing Eagle Scout Project. Thank you, Regis!



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