



## **Embrace the Power of Volunteering in 2025!**

As we step into the New Year, many of us are looking for meaningful ways to make a positive impact in our communities. One powerful resolution that can transform lives, including your own, is committing to volunteer regularly. Volunteering is not just about giving back; it's about building connections, creating change, and fostering a sense of belonging.

#### Why Volunteer?

Volunteering offers a unique opportunity to contribute to causes you care about. Helping at a local charity like the Emergency Aid Coalition for just a few hours each week or month, you can make a real difference in the lives of others.

#### **How to Get Started**

The Emergency Aid Coalition desperately needs volunteers in the Clothing Center, to sort donations and assist shoppers. We also need telephone interviewers to set up client appointments. Contact Marian Bryant, EAC Volunteer Coordinator, at <a href="mailto:mbryant@eachouston.org">mbryant@eachouston.org</a> for more information.

### **Commit Regularly**

Set a realistic goal for the number of hours you can commit. Consistency is key to building lasting relationships and making a meaningful impact.

## The Transformative Power of Giving Back

As you embark on this volunteering journey, you'll not only contribute to positive change but also experience personal growth. Volunteering has been linked to increased happiness, reduced stress, and a sense of

purpose. So, let's make 2025 the year we embrace the power of volunteering and create a ripple effect of kindness in our communities!







# DONATE, AND SAVE THE DATE!

The 2025 *Magic of Giving* Gala will be held on Saturday, March 29th. We are looking for bigticket live auction items to fund our client services. Can you donate a vacation destination or a spa day? We are also looking for quality items for the silent auction. Do you frequent a local business whom you could ask for a donation? Contact the EAC at <a href="info@eachouston.org">info@eachouston.org</a> to discuss your items for donation.









SPRING 2024

## THE ART TENT

Thursdays, January 16-April 24 9:30am-Noon | EAC Parking Lot

The Art Tent creates a space for EAC clients to express themselves through visual art.







The EAC Food Pantry is requesting BIG jars of peanut butter and jelly (to make lots of sandwiches for clients!) and cans of fruit.



The EAC Clothing Center has received so many donations! Please label bags by gender, type or size if at all possible to help us sort through it all. The only pressing need right now is men's shoes (all sizes), men's shirts (sizes XL and up), and winter wear for all.













Emergency Aid Coalition | 5401 Fannin St, Houston, TX 77004

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