



Cross your fingers and knock on wood!



Friday the 13th is upon us yet again. For the superstitious, the date can feel unsettling. And some people even suffer from *paraskavedekatriaphobia* - an irrational fear of Friday the 13th.

Why is Friday the 13th considered unlucky?

The unlucky association is likely rooted in Christianity, according to History.com. In the Bible, during the Last Supper of Jesus, 13 people were seated at the dinner table. The next day, on a Friday, Jesus was crucified. So 13 is associated with that terrible event.

Some argue the number is considered unlucky because it follows 12, which many associate with "completeness." Take the 12 days of Christmas, 12 months of the year, 12

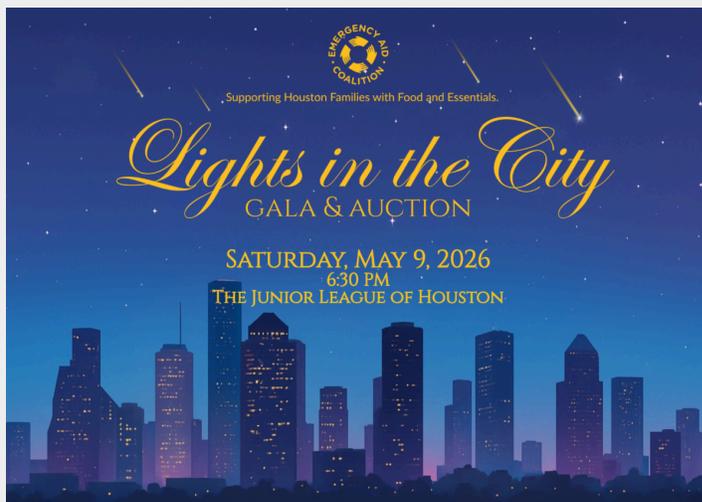
zodiac signs, 12 labors of Hercules, 12 gods of Olympus, and 12 tribes of Israel, for example.

Also, according to ancient Norse lore, evil and turmoil were brought to the world by the mischievous god Loki, the 13th guest at a dinner party in Valhalla. Legend has it that he upset the balance of the 12 gods already there.

Whatever the reason, Friday the 13th is forever associated with bad luck.

Poverty, too, is frequently associated with "bad luck." Health issues, accidents, job loss, or being born into difficult circumstances can cause severe financial instability. While some argue it is a cycle of bad decisions or a "curse", studies indicate that poverty can affect anyone, and for a wide variety of reasons.

The Emergency Aid Coalition provides food, clothing and other basic necessities to people experiencing poverty, for whatever reason. Even on Friday the 13th.



We are currently seeking auction items to make the EAC gala a big success!

Download the donation form below, or email Tracy for more info at

tpainter@eachouston.org

[Donate auction items](#)

Popular auction item donations include:

- Use of vacation homes
- Tickets to sporting events, concerts, theater performances and other events
- Golf outings
- High-tech gadgets
- Luxury items
- Jewelry





Clothing Center requests:

- Men and boys' athletic shorts
- Boys' underwear (new)
- Men's jeans
- Rolling carts
- Rolling suitcases
- Sports bras and tops
- Women's pants and tops



Food Pantry requests:

- Hamburger Helper
- Canned fruit
- Canned vegetables
- Vienna sausages

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