



National Volunteer Month



April is **National Volunteer Month** and it's as good a time as any to make giving back part of your identity. Bonus—getting engaged in volunteerism can have a positive impact on everybody involved!

Beyond boosting your social well-being, volunteering can help you feel physically stronger, sharpen your thinking, lower stress, and may even contribute to a longer life. Yet, even with these clear benefits, only 1 in 4 Americans volunteers regularly, according to the Bureau of Labor Statistics. If you're interested in reaping the benefits of volunteering, the Emergency Aid Coalition heartily welcomes volunteers for a variety of roles!

Current volunteer opportunities at the EAC include:

Interviewer

- Interview EAC clients for services by phone (Mon-Fri mornings) or in person (Tuesdays & Thursdays)

Clothing Center Helper

- Sort, size and hang clothes: M-W-Th-F
- Pack clothing orders: M-W-Th-F
- Assist clients as they shop for their families: M-W-F
- Call clients to remind them of their appointments

For more information or to volunteer, please contact **Marian Bryant, EAC Volunteer Coordinator.**

- Text: 832-859-1065
- Email: mbryant@eachouston.org



POST HTX Donation

POST Houston donated surplus boxes of travel-sized deodorants to the EAC after hosting the Fleet Week Expo. POST is a vibrant center for culture, food and entertainment located in the former Barbara Jordan Post Office in downtown Houston.

Thank you, Maddie!

Food Pantry at Avenue J

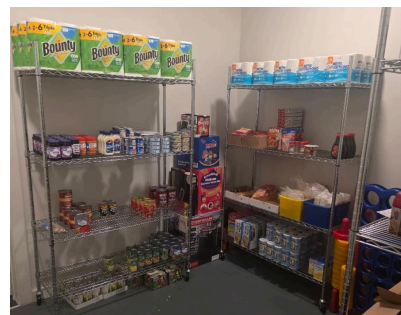
The EAC recently began operating the food pantry at NHH Avenue J, located near the East End. This pet-friendly community offers affordably priced apartment homes for individuals and families with modest incomes. Avenue J is the 5th food pantry



currently operated by the EAC, giving us even more ways to reach our Houston neighbors in need!



New Hope Housing



Trinity Episcopal

Once a month, the EAC hosts a Pop-Up Grocery where clients can shop for a variety of food items at no cost. Volunteers from Trinity Episcopal Church helped to set up, pack clients' groceries, and kept things running smoothly at the Pop-Up this week.

We are so grateful for the support of our member congregations!

It's not too late! Click below to buy tables and tickets to the gala.



Supporting Houston Families with Food and Essentials.

Lights in the City

GALA & AUCTION

SATURDAY, MAY 9, 2026

6:30 PM

THE JUNIOR LEAGUE OF HOUSTON



Clothing Center requests:

- Men's casual slacks & jeans
- Men's shirts XL and up
- Men's belts, wallets and shoes
- Boy's pants & shorts
- Girl's summer clothes
- New women's underwear, sizes XL and up



Food Pantry requests:

- Big jars of peanut butter
- Big jars of jam
- Canned tuna
- Canned vegetables

Click here to donate needed items
from our wish list



Emergency Aid Coalition | 5401 Fannin St | Houston, TX 77004 US

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