



HAPPY MAY DAY



May Day celebrations originated in Medieval Europe to mark the return of spring. Agricultural-themed rites included gathering and exchanging wildflowers, weaving garlands, and decorating Maypoles. May Day celebrations like dancing around the Maypole have mostly faded into the past, as has the tradition of giving of "May baskets", small gifts usually left anonymously on neighbors' doorsteps.

The idea of giving small baskets filled with treats and blooms was a way to express friendship and goodwill. And much like finding an unexpected gift on your doorstep, your donations to the EAC bring a moment of joy to EAC clients experiencing hard times. Gifted items from our wish list, monetary donations, or the gift of your volunteered time - all are a gesture of kindness and a wonderful way to spread happiness this spring.



Donate to the EAC



McGOVERN CENTENNIAL GARDENS

The Family Garden inside McGovern Centennial Gardens in Hermann Park is an edible, interactive garden, designed to showcase vegetables, herbs, fruit, citrus, and berries that can be grown successfully in the Houston area. Children of all abilities are invited to participate in cultivating these beds, and to experience the touch, the scents, the colors, and the taste of fresh vegetables and herbs. Each week, fresh vegetables grown in the garden are donated to the EAC and are distributed to EAC clients.



DONATION COLLABORATIVE

Donation Collaborative brought a carload of non-perishable food pantry goods worth more than \$500 to the Emergency Aid Coalition! Their generosity feeds lots of Houston families and individuals in need.



IMMANUEL MAR THOMA CHURCH

300 turkey and cheese sandwiches were generously prepared, individually wrapped, and lovingly delivered to the Emergency Aid Coalition by members of Immanuel Mar Thoma Church. Hungry EAC clients are grateful for the sustenance and the gesture of goodwill!



IMMANUEL
MARTHOMA CHURCH
HOUSTON

The annual EAC gala is next Saturday, May 9th, the day before Mother's Day. Celebrate by bringing Mom to the event at the Junior League, or purchase something wonderful for her at the auction. You can treat your mother while doing something good for our community!

Click the image below to purchase tickets or make a donation.



Supporting Houston Families with Food and Essentials.

Lights in the City

GALA & AUCTION

SATURDAY, MAY 9, 2026
6:30 PM
THE JUNIOR LEAGUE OF HOUSTON



Food Pantry requests:

- Canned fruit
- Canned chili
- Canned chicken



Clothing Center requests:

- Women's purses
- Men's belts and shoes
- Athletic shorts for men & boys
- Boy's clothing, sizes 6 to 18.
- Rolling suitcases and carts





Emergency Aid Coalition | 5401 Fannin St | Houston, TX 77004 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email & social marketing for free!