



According to *The Old Farmer's Almanac*, the **Dog Days of Summer** span July 3 to August 11, the 40 days following the summer solstice. But the hot and humid weather sticks around much longer here in Houston!

According to Greek mythology, Sirius was the dog of the hunter Orion, and the ancient Romans placed the star in the constellation Canis Major (Latin for "Greater Dog"). The Romans thus referred to the sweltering period when the rising of the sun and Sirius converged as the "dies caniculares" or "days of the dog star." By the 1500s, the English world began to call the same summertime point on the astronomical calendar as the "dog days."

Today, people use the phrase simply to describe lazy, sweltering summer days when it is too hot to do much of anything outside. The heat hits especially hard on the homeless and their pets. Between 5% and 10% of homeless people in the United States own pets (mainly dogs and cats), and almost half report being turned away from a shelter because of pet policies, leaving them with limited access to shelter, services and housing.

Companion animals provide love and security to the homeless. According to the book ***My Dog Always Eats First: Homeless People and their Animals*** by **Leslie Irving**, humans who are homeless will regularly feed their animals before they feed themselves. The Emergency Aid Coalition includes pet food with clients' groceries upon request. From a pet's perspective, the constant companionship, first choice of food, and their owner's utter devotion, life on the streets is pretty good. Hot, but good.

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**An EAC
South
client's
bestie was
happy to
attend the
recent Pop-
Up
Grocery!**



SAVE THE DATE!





Food Pantry requests:

- Canned soup
- Vienna sausages
- Canned chicken
- Instant coffee

amazon
Wishlist



Clothing Center requests:

- Men's belts
- Athletic shorts for men and boys
- Toddler clothing
- Sheet sets
- Menstrual products
- Incontinence Bed Pads

amazon
Wishlist



Volunteer

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Emergency Aid Coalition | 5401 Fannin St | Houston, TX 77004 US

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