



Be Kind to Humankind Week



BK2HK

Be Kind to Humankind Week (BK2HK) is an annual celebration of kindness that is recognized globally August 25th to 31st each and every year. According to founder Lorraine Jara, it is basically “a week of reflection and

kind thoughts of others to make this world a better place.” Of course, we suggest practicing kindness daily!

Be Kind To Humankind was created in August of 1988. Founder Lorraine Jara was inspired to create Be Kind To Humankind Week by a sad story of two men involved in a boating accident from her hometown of Toms River, New Jersey. The two men clung to life while other boaters passed them by because they didn't want to get involved. One of the men eventually died. Lorraine decided to honor the memory of the deceased young man by creating a week to encourage kindness among people.

Seeing the needs of others and acting to help is the foundational work of the [**Emergency Aid Coalition**](#). Every day, EAC staff, volunteers, donors and member congregations strive together to achieve our vision that everyone in our community has the food, clothing and other basic needs to provide for themselves and their families.

Offering assistance to our Houston neighbors in need restores their physical well-being. Extending kindness restores their dignity.

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Clothing Center requests:

- Sheet sets, all sizes
- Bath towels
- Baseball caps
- Umbrellas
- Athletic shorts for men and boys



Food Pantry requests:

- Vienna sausages
- Canned soups
- Canned vegetables
- Big jars of creamy peanut butter
- Big jars of grape jam

Other Supportive Services



School Shoe Vouchers

Each fall, the EAC offers back-to-school shoe vouchers to clients with school-age children. The shoe vouchers enable EAC clients to purchase brand new school shoes for their kids. So far this year, we have given out more than 250 vouchers!

Boots to Work Program

The EAC provides vouchers to qualified clients seeking employment at worksites that require specialized work shoes. The vouchers can be redeemed for brand new work boots or shoes, enabling clients to provide for themselves and their families.



Sack Lunch Program

The EAC distributes more than 1,300 sack lunches every week through our partner social service agencies such as Healthcare for the Homeless, the VA Community Resource Center, Covenant House, Project Access, The Lazarus House, UH College of Nursing Community Health Clinic and Moving Waters.





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